

# IRISH STEW

**Count:** 32    **Wall:** 4    **Level:** Beginner / Intermediate

**Choreographer:** Lois Lightfoot

**Music:** Irish Stew by Sham Rock

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## **SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE**

- 1&            Touch right toe to side, step right together
- 2&            Touch left toe to side, step left together
- 3&4          Touch right toe to side, clap, clap
- 5&            Touch right heel forward, step right together
- 6&            Touch left heel forward, step left together
- 7&8          Touch right heel forward, clap, clap

## **SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, TURN ½**

- 1&2          Step right forward, step left together, step right forward
- 3-4          Rock left forward, recover onto right
- 5&6          Step left back, step right together, step left forward
- 7-8          Step right forward, turn ½ left (weight to left)

## **RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE**

- 1-2          Cross/rock right over left, recover onto left
- 3&4          Step right to side, step left together, step right to side
- 5-6          Cross/rock left over right, recover onto right
- 7&8          Step left to side, step right together, step left to side

## **TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS TURN ¼ LEFT**

- 1-2          Touch right toe forward, touch right toe to side
- 3&4          Cross right behind left, step left to side, step right to side
- 5-6          Touch left toe forward, touch left toe to side
- 7&8          Cross left behind right, turn ¼ left and step right to side, step left to side

## **REPEAT**